

Fort Stockton ISD

Policy for Flu-like Illness

1. All school health offices will keep records for constant surveillance of anyone presenting to school with flu-like signs and symptoms.
2. All staff members will send anyone (faculty member and/or students) presenting with flu-like symptoms to the nurse's office for evaluation.
3. Any staff member/student who has flu-like signs/symptoms (sudden onset of fever $\geq 100^{\circ}$, cough, sore throat, body aches, headache, and possible vomiting/diarrhea), will be sent home immediately.
4. A surgical mask will be provided for the sick person to wear to prevent further spread of flu-like illness to others.
5. **Students and staff members are to stay at home until he/she is free of fever for at least 24 hours. This should be determined without the use of fever-reducing medications (any medicine that contains ibuprofen, acetaminophen, or aleve).**
6. **If the flu conditions become MORE severe, the sick student, teacher, or staff member will be asked to stay home for at least 7 days, even if they feel better. If they are still sick after 7 days, they should continue to stay home until at least 24 hours after symptoms have gone away. This will be evaluated on an individual basis.**
7. Each classroom, activity room, lunch room, etc will provide easy access to tissues and running water and soap.
8. All personnel will be asked to assist in the education of students and/or other staff members in the proper procedures of hand hygiene and respiratory (cough) etiquette.