

Daily Learning Planner

*Ideas families can use to help children
do well in school*

Fort Stockton ISD



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Have your child collect summer contact information for school friends before the last day of school.
- 2. Measure your child's height. Keep a record and measure again in December.
- 3. Allow your child to stay up late to read tonight.
- 4. Look at the stars with your child. Together, make up your own constellations—the Barbell, the Big Umbrella.
- 5. Have your child place a piece of paper on a tree trunk and rub with a crayon. This shows the tree's "fingerprints."
- 6. Tell your child a riddle: What must you break before you can use it? (*An egg.*) Ask your elementary schooler to make up a riddle for you.
- 7. Have a "power out" night. Use flashlights. Avoid using digital devices such as the TV, computer or phones.
- 8. Think about the rules you have for your child. Are they still appropriate for kids your child's age?
- 9. It's Donald Duck's "birthday"—he first appeared in 1934. Ask your child about a favorite cartoon character.
- 10. Help your child look up facts about a favorite food online or in a book. Where is it made or grown? What food group is it part of?
- 11. Have your child estimate the number of footsteps from your front door to the corner. Then count them together.
- 12. Spend 30 minutes reading together today. Let your child pick books.
- 13. Help your child make a time line of when things were invented. Encourage your student to do research and keep adding to it.
- 14. Does your child have a summer reading list? Post it in a special place and let your student cross off completed titles.
- 15. Put small piles of herbs and spices on a plate. Let your child pinch and sniff them and describe how they smell.
- 16. If your child could change anything in history, what would it be? Why? What might happen as a result?
- 17. Help your child collect wildflowers. Iron them between sheets of wax paper. Hang the paper where the light will shine through.
- 18. Go for a walk or a bike ride with your child today.
- 19. Have your child set a goal for the week and write it down.
- 20. Talk with your child about a choice you've made. Then talk about the consequences. Did any surprise you? What did you learn?
- 21. Discuss ways to reduce stress, such as creating routines and staying organized.
- 22. Do a word puzzle with your child.
- 23. Plan a math family dinner—practice math facts that come in families such as $4+5=9$, $5+4=9$, $9-5=4$ and $9-4=5$.
- 24. Taste-test different types of apples with your child.
- 25. Talk about how family members are achieving their weekly goals. Celebrate everyone's successes.
- 26. Fill several glasses with different amounts of water. Have your child tap them gently with a metal spoon and listen to the different tones.
- 27. Together, write a list of things your family hopes to do this summer.
- 28. At the store, ask your child to figure out how much money you can save by choosing the brand that's on sale.
- 29. Plan a family outing to a place your child has not been before.
- 30. Set summer safety rules, such as "No going in water without an adult."